

Kentucky Children's Hospital

Coloring and Activity Book





UK HealthCare, with the help of "Stitches", is proud to introduce the array of services available at Kentucky Children's Hospital.

Kentucky Children's Hospital is designed especially for treating and caring for all children – from newborns to adolescents and young adults. Going to the doctor or to the hospital can be scary and upsetting for any child. Learning about the hospital and preparing for the doctor's visit can help children understand what will happen and calm their fears. This coloring book was designed to help you talk with your child about what happens at Kentucky Children's Hospital in an interesting and fun way. Stitches will guide you through each of the steps. It is best to encourage your child to speak openly about his or her feelings and ask questions. As a parent, it is best to answer your child's questions honestly, using words that he or she will easily understand.

While in the hospital, children can visit activity areas where they can play or be entertained. There are separate areas designed specifically to be of interest to young children and adolescents.

To learn more about Kentucky Children's Hospital, please visit: ukhealthcare.uky.edu/KCH. If there is anything we can do to make your visit more comfortable or if you have questions or concerns before, during or after your child's hospital stay, please contact our child life specialist at **859-323-6551**.

Kentucky Children's Hospital Team

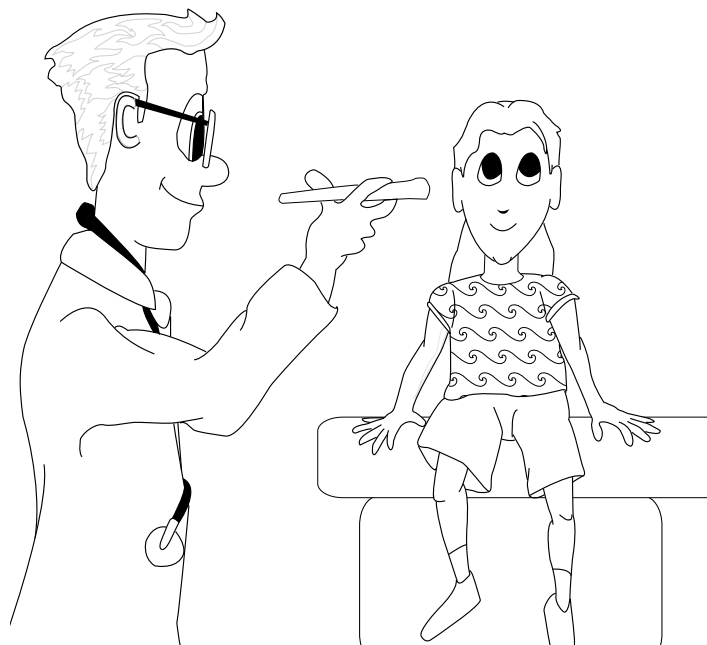


Hi, my name is Stitches.



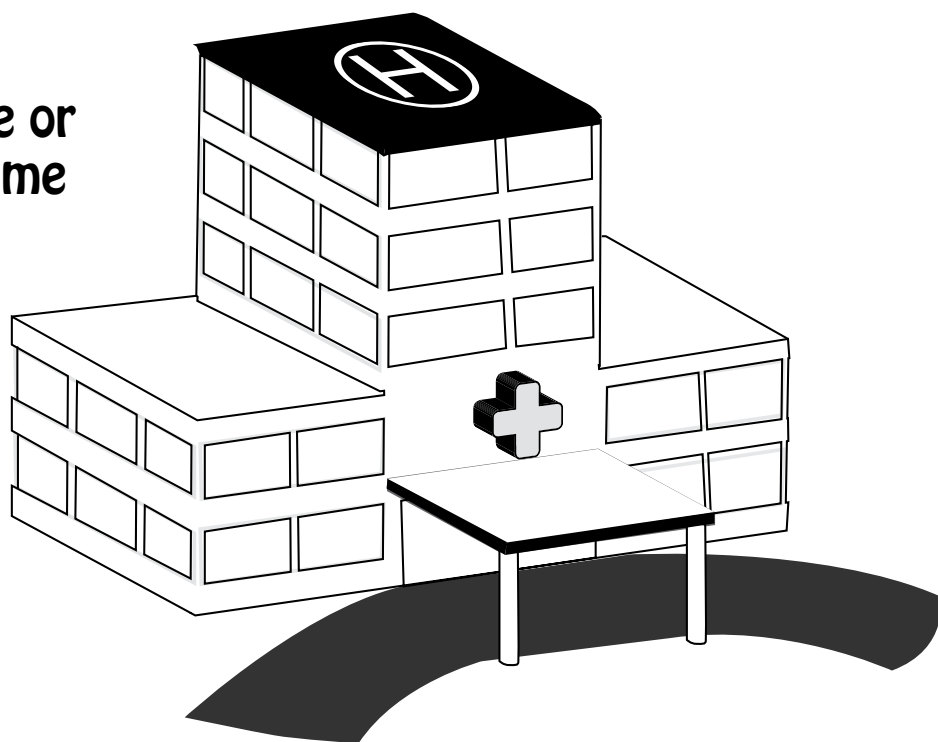
UKHealthCare
Kentucky Children's Hospital

**I want to show you a special place for kids –
the Kentucky Children's Hospital!**



You visit your doctor if you are sick or need a checkup.

If you need special care or an operation you will come to the hospital.





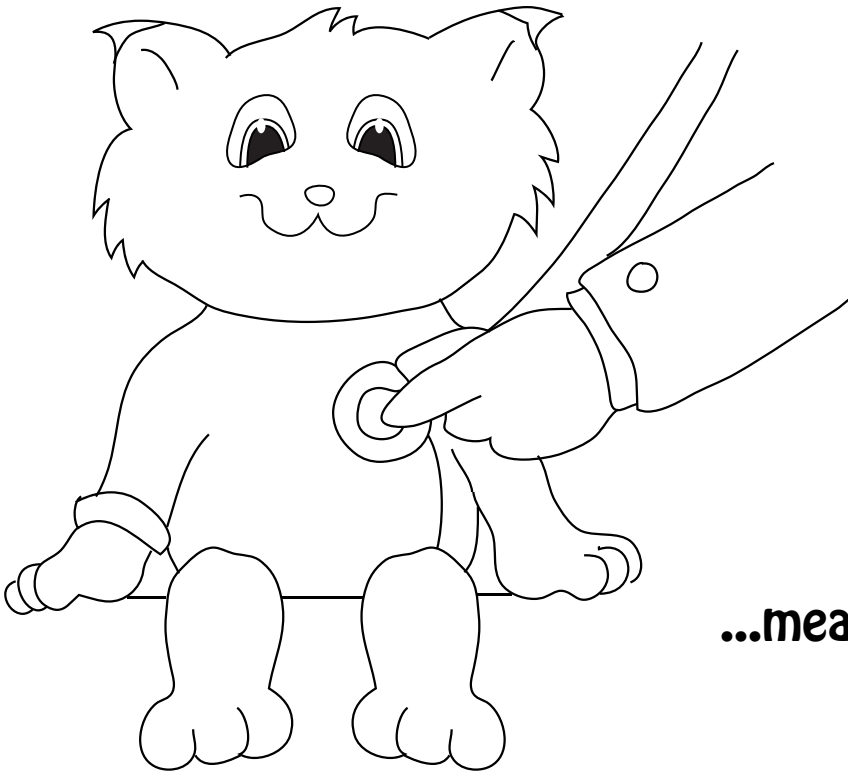
You visit the Emergency Department if you have an accident or become sick suddenly.



**In the hospital you get
a special wristband.**

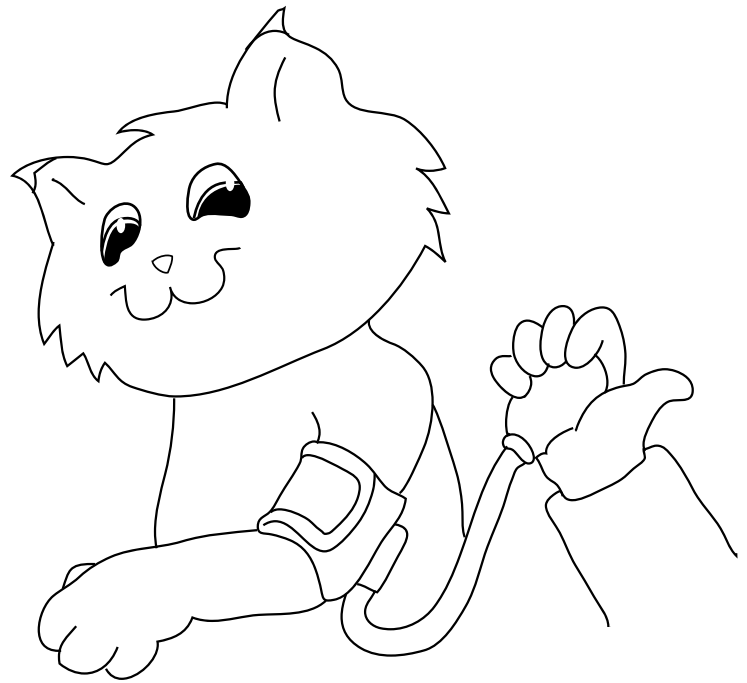
**Write your name on
Stitches' wristband.**

The doctors and nurses will talk to you to see how you are feeling.



They will listen to your heart and lungs...

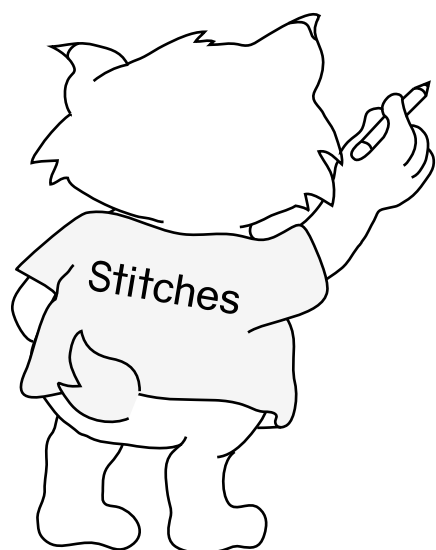
...measure your blood pressure



... and measure your height and weight.

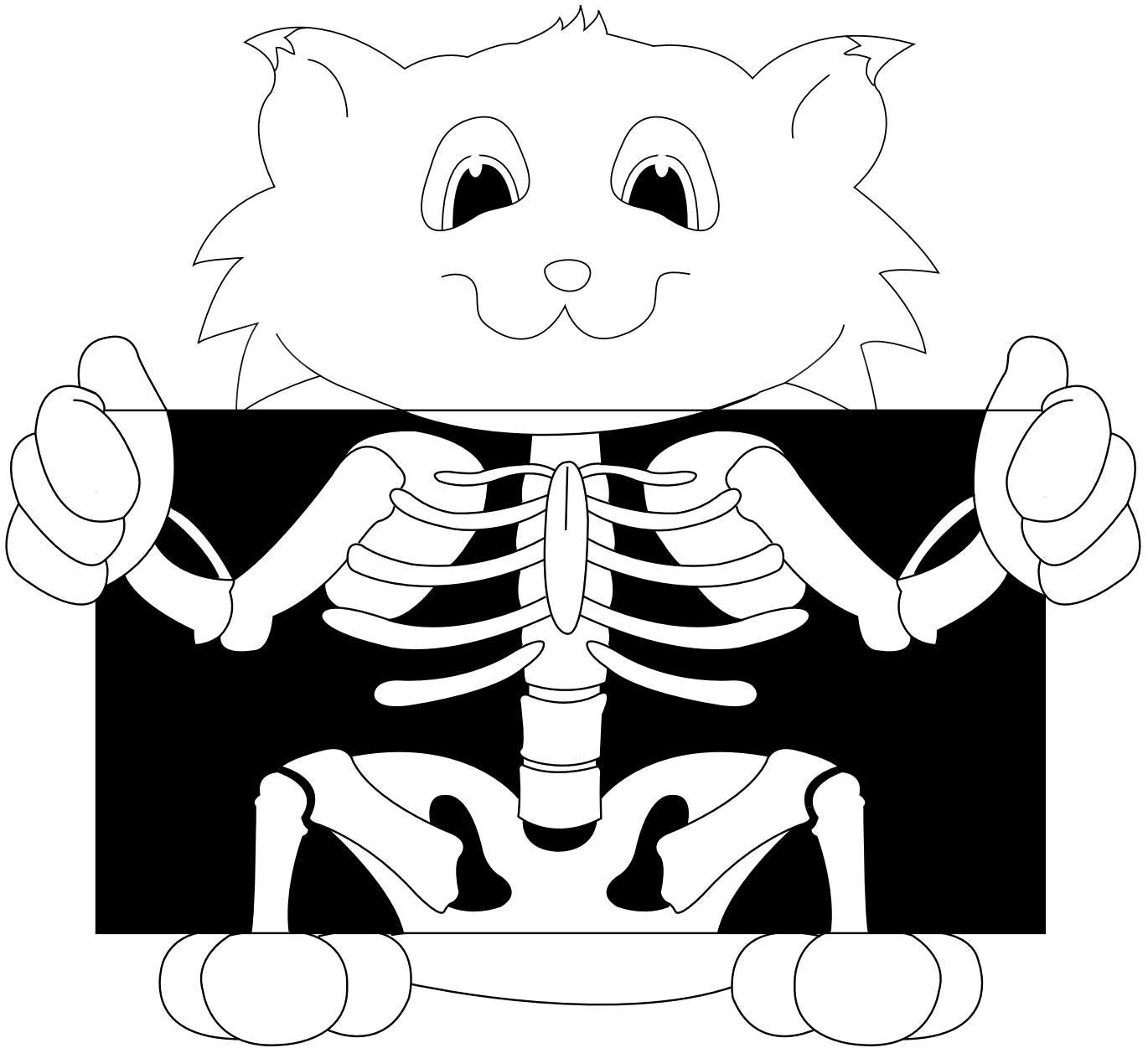
Can you help Stitches find these words?
They are arranged up, down, backwards and diagonally.

T	O	W	D	O	C	T	O	R	B	E	N
L	O	W	E	S	R	U	N	A	L	L	O
N	H	Q	I	I	E	D	L	K	B	P	I
Y	I	V	S	I	G	Y	D	B	T	M	T
N	A	I	C	I	N	H	C	E	T	A	A
E	P	O	C	S	O	H	T	E	T	S	N
A	M	B	U	L	A	N	C	E	J	Z	I
T	H	E	R	M	O	M	E	T	E	R	C
O	N	U	S	E	H	C	T	I	T	S	C
Y	C	N	E	G	R	E	M	E	U	Y	A
A	Q	E	C	H	E	C	K	U	P	A	V
P	O	P	E	R	A	T	I	O	N	R	A
S	W	E	S	T	H	G	I	E	H	X	S



~~OPERATION~~
AMBULANCE
CHECKUP
DOCTOR
EMERGENCY
HEIGHT
LAB
NURSE
SAMPLE

SHOT
STETHESCOPE
STITCHES
TECHNICIAN
THERMOMETER
VACCINATION
WEIGHT
XRAY

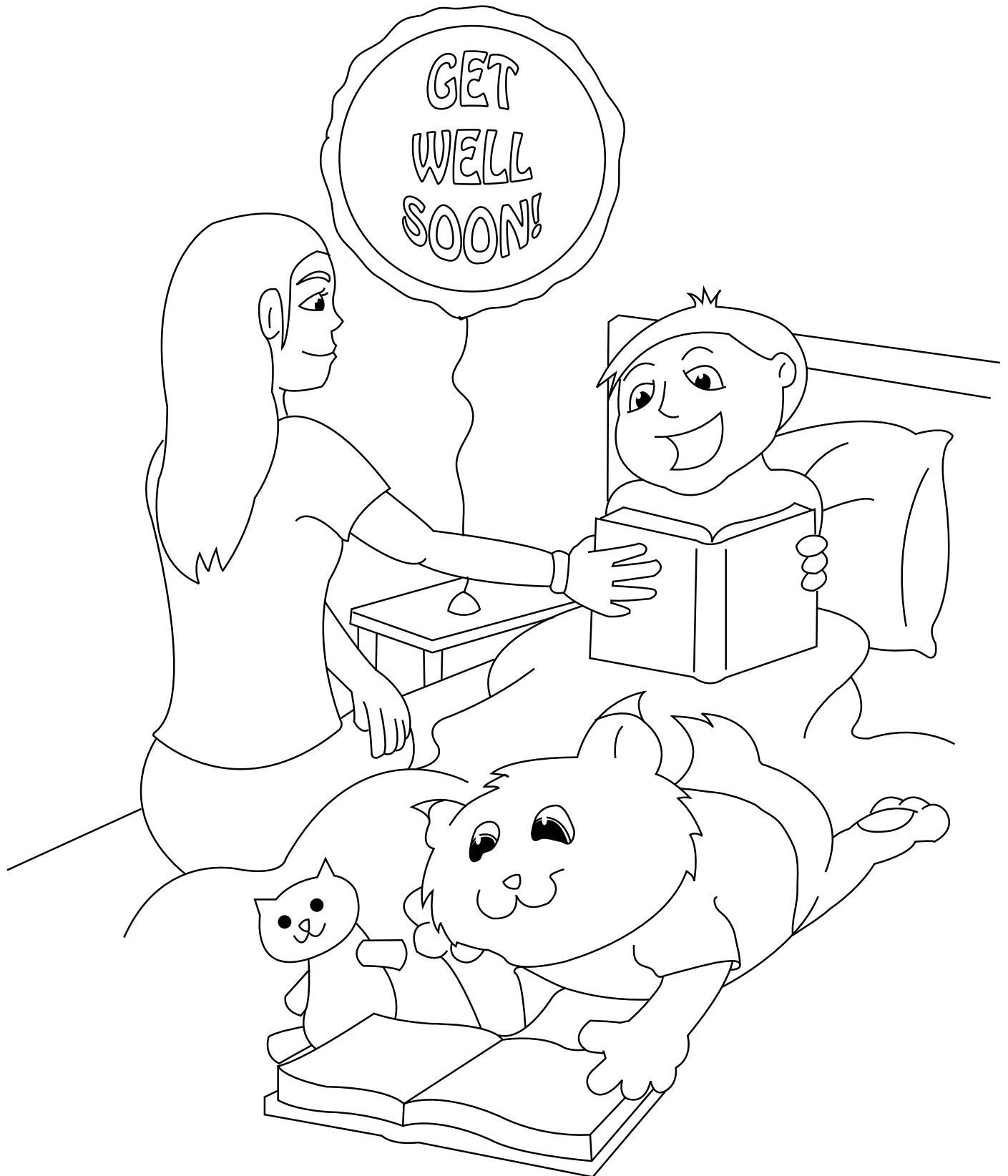


You may have an X-ray taken. These are pictures that help the doctors see what is going on inside your body.

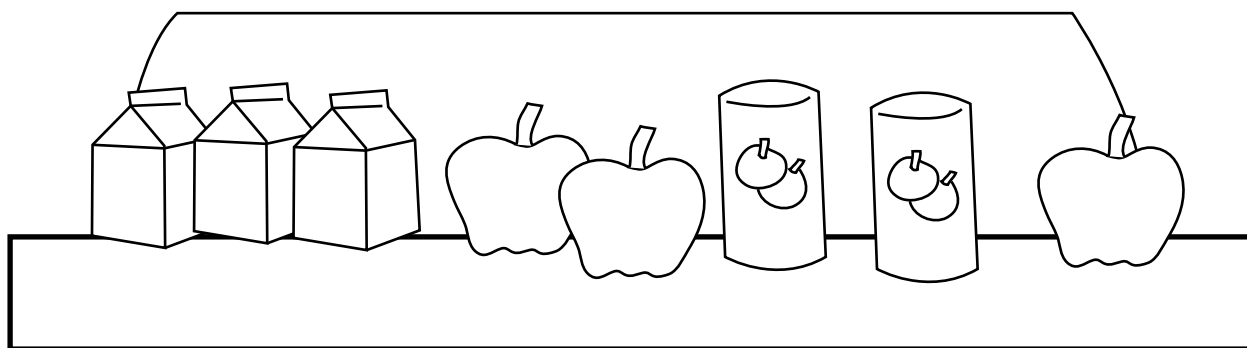
Patients sometimes move around the hospital in special ways – on a bed with wheels called a stretcher, in a wheelchair, in a race car with an IV pole attached or in a wagon.



Hospital rooms are nice. There is a bed for you to sleep in that moves up and down and your very own TV to watch. There is also a bed for your parents so they can sleep in the room with you too. Hospital staff will visit with books and games.



**You can pick out what you want to eat from the meal cart.
They have all kinds of yummy snacks for you.**

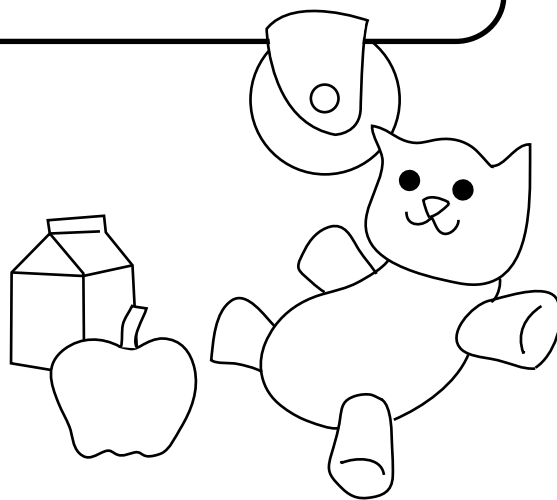


How many of each snack are there?

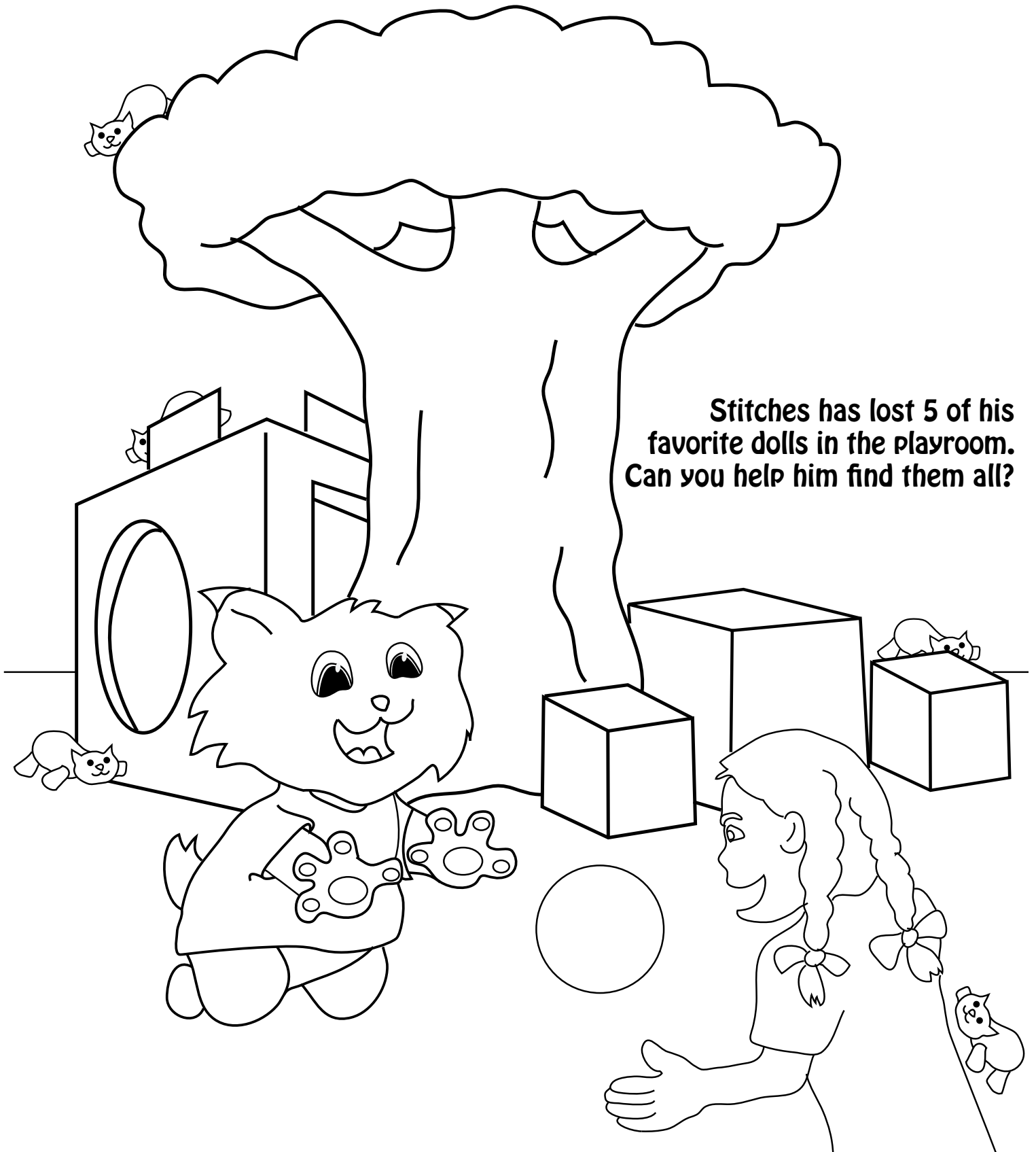
Milk:

Apples:

Juice:

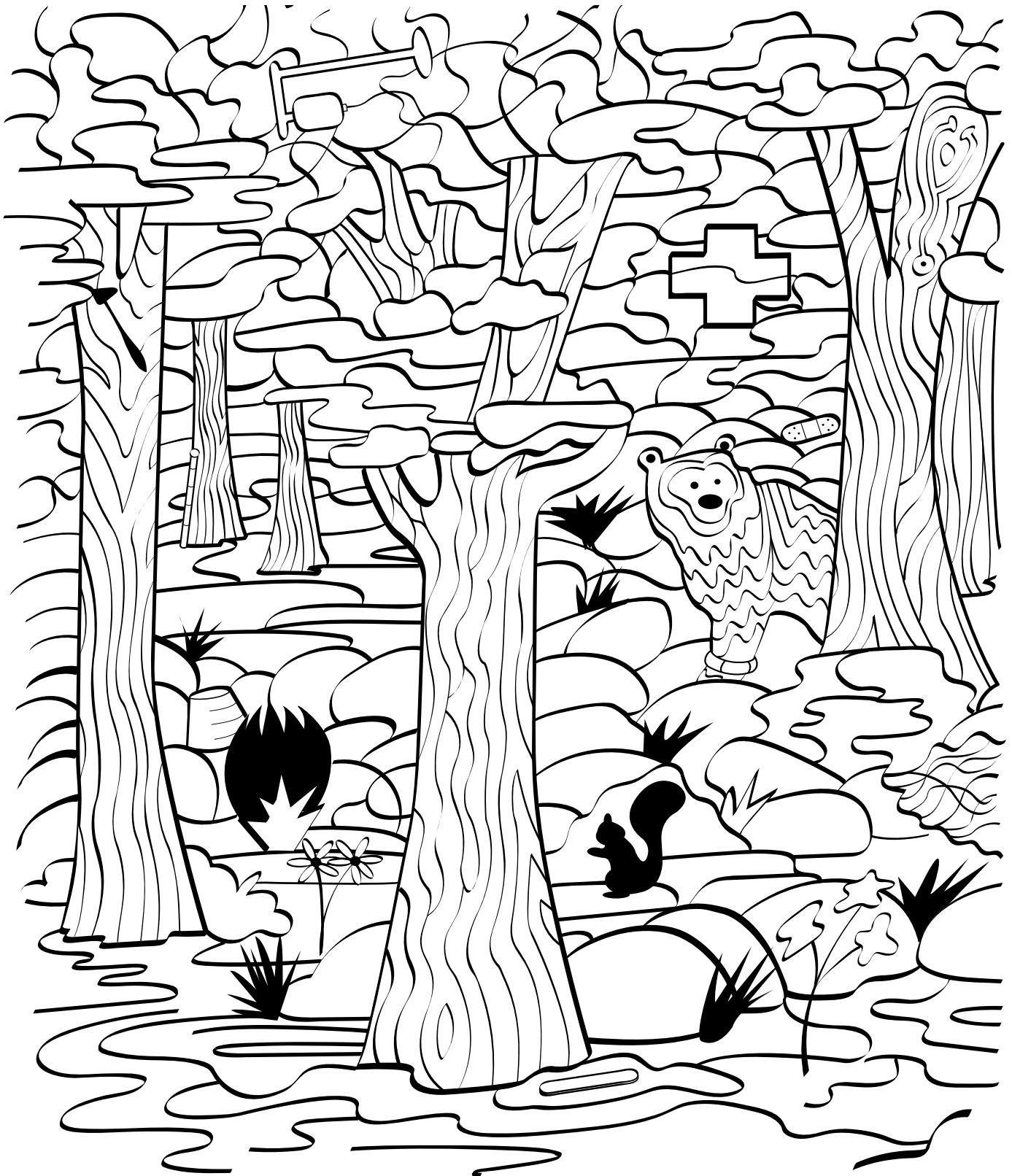


There are great places to play and relax like a library, computer lab, and playrooms with lots of toys and games. The big playroom even has a tree that TALKS!



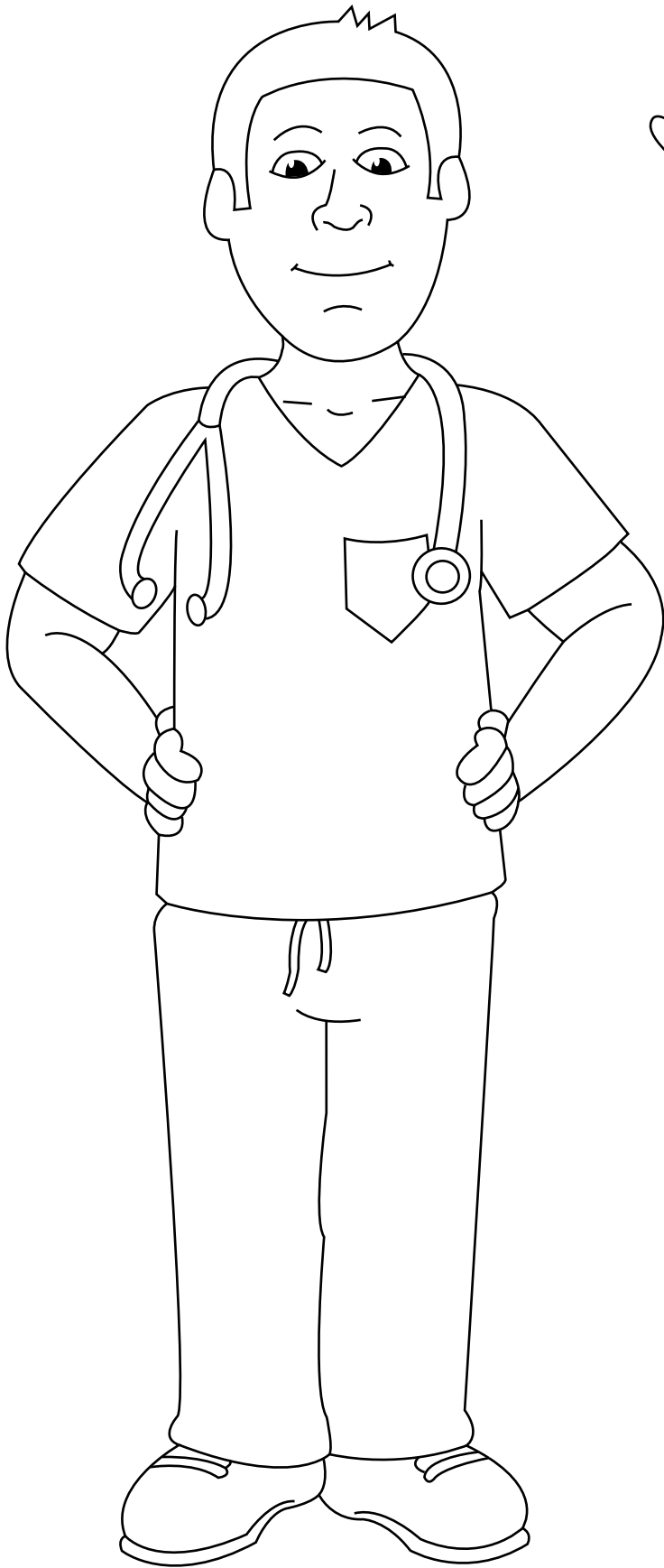
Stitches has lost 5 of his favorite dolls in the playroom. Can you help him find them all?

What do you see hidden in the forest?



Can you find these things?

**stethoscope, thermometer, tongue depressor, medical cross,
medicine cup, adhesive bandage, wristband, IV pole, reflex hammer**



The doctors and nurses are here to take care of you and make you feel better. Decorate their uniforms.

After you leave the hospital, your doctor will want to see you for a checkup.

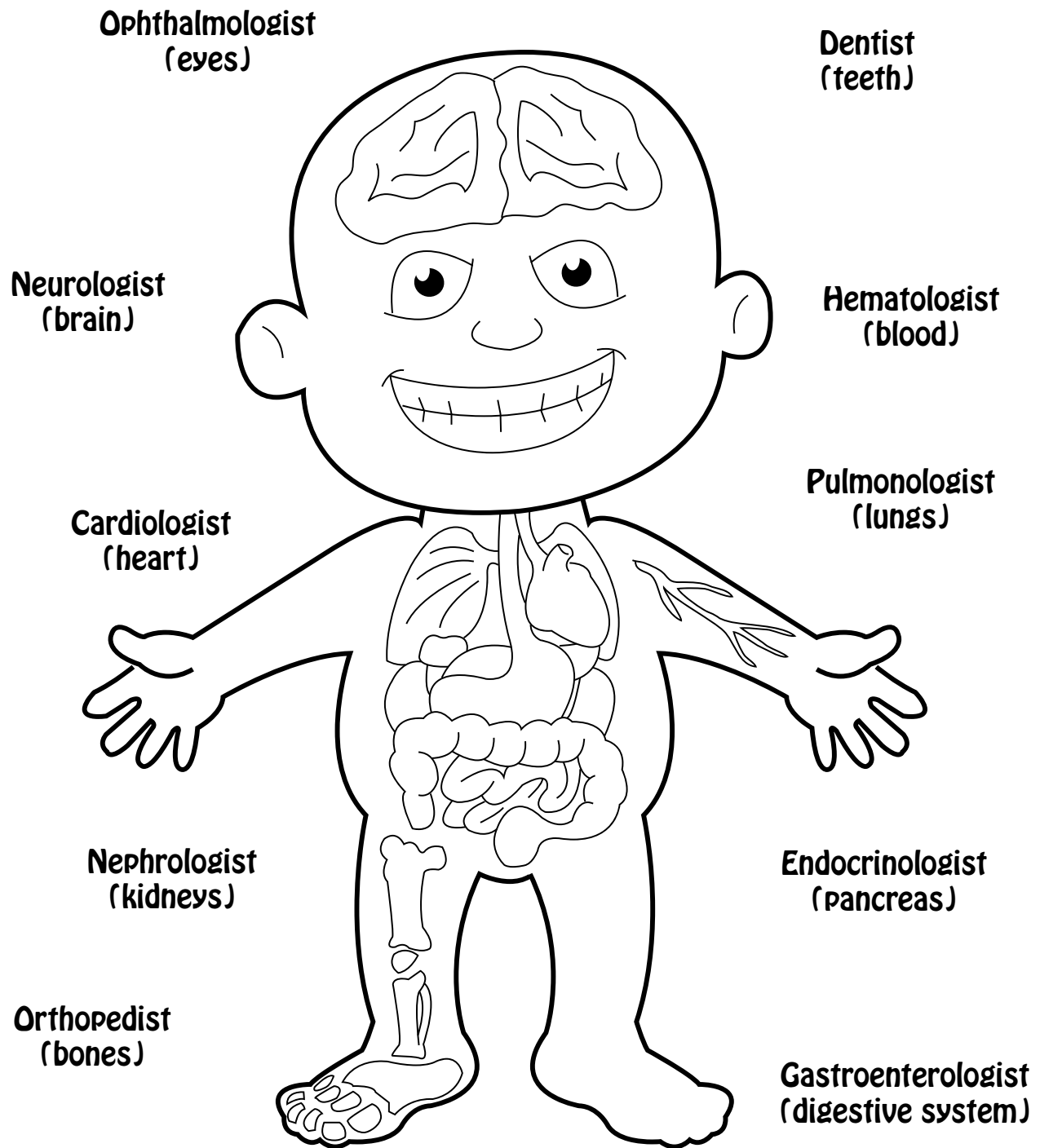
Doctor's Office



X

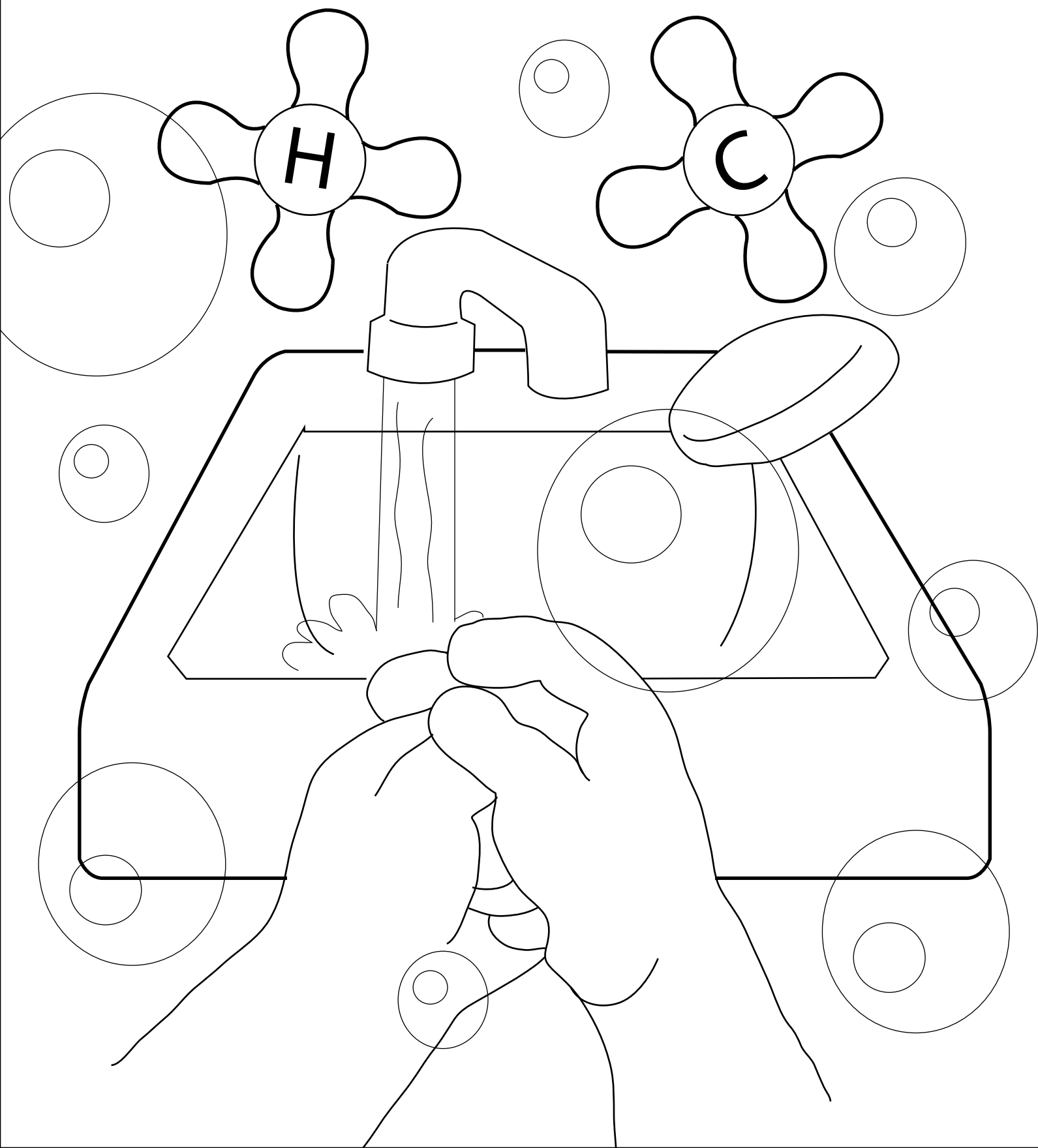
Want to play a a game of tic-tac-toe?

**We have doctors that specialize
in every part of your body.**



Draw a line from the doctor to the part of the body they treat.

**The best way to keep from getting sick is
to always wash your hands thoroughly and often.**



GOODBYE!



**Thanks for visiting the
Kentucky Children's Hospital with me!**

