

CES Literature Order Form by Topic

## Cancer

Barrett's Esophagus – New Therapy Sought to Prevent Esophageal Cancer	
Blood Test Holds Promise for Predicting Lung Cancer	
CT Scanning Reduces Lung Cancer Deaths	
Cancer – Breast Cancer Surgery Choices (English & Spanish)	
Cancer – Take Control of Your Health & Reduce Your Cancer Risk (English & Spanish)	
Cancer Facts for Men (English & Spanish)	
Cancer Facts for Women (English & Spanish)	
Estrogen/Breast Cancer Link	
Inflammatory Breast Cancer: Questions & Answers	
Leukemia – What You Need to Know	
Link Between Acid Reflux and Esophageal Cancer	
Liver Cancer – What You Need to Know	
Man to Man – Prostate Cancer Education & Support Program	
Multidisciplinary Lung Cancer Program	
Multiple Myeloma – What You Need to Know	
Pediatric Interventional Catheterization	
Prostate Cancer	
Prostate Cancer Screening Test May Be Overused	
Stereotactic Body Radiation Therapy	
Studies Examine Radiation Exposure and Long Term Cancer Risk of CT Scans	
Tomotherapy (radiation therapy)	
What Women Should Know About Cervical Cancer/HPV (English & Spanish)	
When Your Child's Cancer Treatment Ends	
Women and Lung Cancer	

## Cardiac

Benefit of Statin Use in Women Questioned	
Blood Thinners: What You Should Know	
Can Non-Invasive CT Scans Replace Conventional Coronary Angiography?	
Cholesterol – HDL and LDL	
Cholesterol – Heart Packet (English/Spanish)	
Congenital Heart Disease	
CPR Made Simpler	
Decline in Smoking Leads to Drop in Heart Disease Deaths	
Despite Benefits, Few Patients Receive Cardiac Rehabilitation	
Echocardiography	
Electrophysiology: Pacemakers, ICDs, and Ablation	
Harvard Study of Heart Transplants in Children Leads to More Questions	
Heart – Atrial Fibrillation	
Heart – Carotid Artery Disease/Stenting	
Heart – Defibrillators & Pacemakers Packet	
Heart – Family Support for Heart/Stroke Patients	
Heart – Healthier Lifestyle Tips	
Heart – How Do I Manage My Medicines? (English and Spanish)	
Heart – How Can I Manage Stress?	
Heart – What are Electrophysiologic Tests?	
Heart – What are Heart Disease and Stroke? (English and Spanish)	
Heart – What are the Warning Signs of a Heart Attack? (English & Spanish)	
Heart – What is a Heart Attack?	
Heart – What is a Stress Test?	
Heart – What is Echocardiography?	
Heart – What is Heart Valve Surgery?	

Heart and Kidneys Share Medical Bond	
Heart Packet on Diet/Nutrition (English or Spanish)	
Heart Packet on Heart Failure (English or Spanish)	
Heart Packet on High Blood Pressure (English or Spanish)	
Heart Packet on How to Quit Smoking? (English or Spanish)	
Heart Packet on Physical Activity/Weight (English or Spanish)	
Pre-hospital Cath Lab Activation for Heart Attacks Fact Sheet (STEMI)	
Peripheral Vascular Disease (PVD)	
Hole in the Heart: A Common Cause of Stroke & Migraine	
Study compares success rates of coronary bypass procedures	
<b>Teamwork Improving Stemi Heart Attack Care</b>	
Women and Heart Attack Fact Sheet	

## Diabetes

4 Steps to Control Your Diabetes	
Despite need, most diabetics don't receive lifestyle counseling	
Diabetes & How to Control It (English & Spanish)	
Diabetes Education Program	
Diabetes Fact Sheet	
Pediatric Diabetes	

## Digestive Health

Capsule Endoscopy	
Celiac Disease	
Colon Cancer Screening	
Crohn's Disease Fact Sheet	
Digestive Health Programs Fact Sheet	
Digestive Nutrition	
Diverticulosis and Diverticulitis	
Dysphagia	

Endoscopic Ultrasonography (English & Spanish)	
GERD – Barrett's Esophagus and the Risk for Esophageal Cancer (English & Spanish)	
Gastroparesis	
Hemorrhoids	
Hernia Fact Sheet	
Irritable Bowel Syndrome	
Link Between Acid Reflux and Esophageal Cancer	
Liver Transplantation	
Study Finds Long-Term Heartburn Therapy Increases Risk of Hip Fractures	
Therapeutic ERCP (English & Spanish)	
Ulcerative Colitis Fact Sheet	
Your Endoscopic Procedure	

## General/Preventative Health

Age Related Hearing Loss Linked to Folate Deficiency	
Alzheimer's Caregivers Guide	
Avoiding Medication Errors	
Back Pain – Long Term Care Packet	
Becoming an Expert in Your Own Health	
Blood Pressure Lowering	
Caregiving at Home for the Elderly, Chronically Ill or Disabled	
Choosing a Mental Health Professional	
Claims of E-Cigarette Safety Unproven at Best, Experts Say	
COPD	
COPD – A Worsening Health Issue Worldwide and in KY	
Cryoablations - Cryocath	
Cystic Fibrosis	
Deep Brain Stimulation (DBS) Shows Promise for Depression	
Dog Bite Awareness	
Fibromyalgia – Questions and Answers	
Gamma Knife versus Cyber Knife	

Genetic Counseling and Testing: What You Need to Know	
Getting A Second Opinion	
Glaucoma	
H1N1	
Have a Positive Surgical Experience	
Hearing Loss	
Heat Safety	
Hepatitis C	
Hernia Fact Sheet	
Hoarseness	
Home Stoma Care	
Hope Through Research – Huntington’s Disease	
Hope Through Research – Multiple Sclerosis	
Horseback Riding Safety	
How to Prevent and Solve Medical Billing Problems	
Hyperbaric Oxygen Therapy	
Hyperhidrosis	
Hyperthermia : Too Hot For Your Health	
Implantable Contact Lens	
Laser Vision Correction	
Lung Health Educational Program	
Lupus – The Many Shades	
Medical Precautions While Traveling Abroad	
Medicines: Use Them Safely Brochure	
Minimally Invasive Surgery	
MRI – A Patient’s Guide to MRIs	
MRI – How to Get a Good MRI	
Multiple Medical Problems	
Multiple Sclerosis	
Myasthenia Gravis	
Nutrition & Oral Health	
Organ & Tissue Donation	
Patient Safety: Staying Safe in the Hospital	

PET Scans	
Physical Medicine & Rehabilitation Physicians	
Poison Prevention (English & Spanish)	
Protect Yourself Against Medical Identify Theft	
Rehabilitation Physician brochure	
Report Unequivocal about Second Hand Smoke	
Saddle Up Safely (rider safety brochures)	
Second Hand Smoke: What You Should Know	
Should You Choose a Multispecialty Group Practice for Your Care?	
Should You Keep Your Own Personal Health Record HealthSmart!	
Should You Participate in a Clinical Research Study?	
Smoke Around You (English and Spanish)	
Smoking and Your Risk of Stroke	
Smoking – Set Yourself Free (English or Spanish)	
Snow Shoveling Safety Tips	
Sun Basics – Skin Protection Made Simple	
The Effects of Sleep Deprivation	
Tobacco Treatment Resources	
Trabectome (for pressure in the eye/glaucoma)	
Understanding Colonoscopy	
Vocal Cord Dysfunction	
Water Safety	
West Nile Virus	
What to Look for in a Skilled Nursing Facility (nursing home)	

## Orthopedics

Ankle Arthroscopy	
Childhood Sports Injuries and Their Prevention	
Hemiarthroplasty of the Elbow (partial elbow replacement)	
Hope Through Research – Spinal Injury	
Knee Problems – Q&A	

Minimally Invasive Spine Procedures	
Oxford Unicompartmental Knee	
Spinal Cord Injury	
Sprains and Strains – Q&A	
Study Finds Long-Term Heartburn Therapy Increases Risk of Hip Fractures	
Study Shows Knee Replacements Improve Older Adults Quality of Life	

## Pediatrics

A Parent's Guide to Skin Protection	
Childhood Asthma Linked to Infection During Pregnancy	
Childhood Sports Injuries and Their Prevention	
Costs of Preterm Birth	
Cystic Fibrosis	
Falling Age of Puberty in Girls Raises Health/Social Concerns	
Good Health May Help Prevent Preterm Birth	
Harvard Study of Heart Transplants in Children Leads to More Questions	
Induction of Labor and Its Effects on Preterm Birth	
International Adoption Clinic	
Living Smoke Free for You and Your Baby (English and Spanish)	
New Guidelines Issued for Immunization	
One Minute Child Safety Seat	
Parents Guide to Kids and Their Bones	
Pediatric Anesthesiology	
Pediatric Diabetes	
Pediatric Interventional Catheterization	
Pediatric Patient Safety: Keeping Children Safe in the Hospital	
Poison Prevention (Spanish & English)	
Preterm Birth in Kentucky	
Preventing Childhood Injuries – 10 Tips	

Problem with Late-Preterm Birth	
Scoliosis in Children/Adolescents	
Short- and Long-Term Effects of Preterm Birth	
Spina Bifida	
Step-Up Therapy Benefit Children With Asthma	
Stroke – Children and Stroke	
Study Linking Autism, Vaccines Retracted by Medical Journal	
Water Safety	
When Your Child's Cancer Treatment Ends	

## Stroke/Neurology

Are You at Risk for Heart Attack and Stroke	
Blood Thinners: What You Should Know	
Dysphagia	
Dystonia	
Dystonia Booklet	
Essential Tremor	
Fast, Simple Test Detects Early Alzheimers Disease	
Hole in the Heart: A Common Cause of Stroke & Migraine	
Hope Through Research – Parkinson's Disease	
Hope Through Research – Seizures and Epilepsy	
Hope Through Research – Stroke	
JCAHO Certified Stroke Unit	
Let's Talk About High Blood Pressure/Stroke (fact sheet)	
Migraines	
Motor Neuron Diseases	
Parkinson's Disease – Deep Brain Stimulation Treatment	
Restless Leg Syndrome	
Restless Leg Syndrome (RLS)	
Seizures – Important Questions to Ask Your Doctor	
Smoking and Your Risk of Stroke	
Sports Concussion	

Stroke – Carotid Endarterectomy	
Stroke – Children and Stroke	
Stroke – Diagnosis (English & Spanish)	
Stroke – Family Caregiver	
The Stroke Recovery Guide	
Stroke – Signs & Symptoms	
Stroke Information Magnet	
Stroke Packet – Anticoagulants & Antiplatelet Agents	
Stroke Packet – Causes/Risk Factors	
Stroke Packet – Emotional Changes After Stroke (English & Spanish)	
Stroke Rehabilitation Packet	
Study Shows Statins May Help Prevent Strokes	
Trigeminal Neuralgia (Facial Pain)	
Understanding Epilepsy	

## UKHC Information

American’s Top Doctors Fact Sheet	
Best Doctors in America Fact Sheet	
Gill Imaging Center	
KY Children’s Heart Center	
KY Children’s Hospital	
KY Neuroscience Institute	
Makenna David Pediatric Emergency Center	
<i>Making a Difference</i> – Summer 2010	
Markey Cancer Center	
Med /Peds Clinic (Internal Medicine & Pediatrics)	
Orthopaedics – Surgery & Sports Medicine	
Pediatric High BMI Diagnostic Clinic	
Specialized Voice Care Program	
100 Top Hospitals	
UK Albert B. Chandler Hospital	

UK Albert B. Chandler Emergency Department Fact Sheet	
UK Chandler Emergency Department Express Care	
UK Chandler Level 1 Trauma Center	
UK Clinical Voice Center	
UK Dermatology Fact Sheet	
UK HealthCare	
UK HealthCare Facilities Map	
UK HealthCare Good Samaritan Hospital	
<i>UK House Calls</i>	
US News Ranks UK Chandler Hospital	
UK Pediatric Urology	
UK Vascular Lab Fact Sheet	

## Women’s Health

ABCs of Breast Health (English & Spanish)	
Benefit of Statin Use in Women Questioned	
Breast Cancer and Herceptin	
Cancer – Breast Cancer Surgery Choices	
Cancer Facts for Women (English & Spanish)	
Childhood Asthma Linked to Infection During Pregnancy	
Doctor’s Seek to Reduce Repeat Cesarean Deliveries	
Estrogen/Breast Cancer Link	
For Women Facing a Breast Biopsy	
Genetic Counseling and Testing: What You Need to Know	
Good Health May Help Prevent Preterm Birth	
High Risk Pregnancy and Obstetrics	
Induction of Labor and Its Effects on Preterm Birth	
Inflammatory Breast Cancer	
Mammogram Booklet (English and Spanish)	
New Meds Give Women Control of Menstrual Cycles	
Peripheral Vascular Disease (PVD)	
Pregnancy Precautions: Smoking, Alcohol and Drug Use	

Living Smoke Free For You and Your Baby	
Signs and Symptoms of Preterm Labor	
Study Show Life Expectancy Declining for Appalachian Women	
Thinking About Testing for HPV?	
What Women Should Know About Cervical Cancer/HPV	
Women and Heart Attack Fact Sheet	
Women and Lung Cancer	

### **Ordering Information**

Name \_\_\_\_\_

County \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

Phone \_\_\_\_\_

Please send order requests via email to [lfyoung@uky.edu](mailto:lfyoung@uky.edu)

or fax to 859-257-9747

**Promotional Offer: Pocket Health Organizer**  
(Limit 50 – except for events)

Quantity \_\_\_\_\_

Event: \_\_\_\_\_

Expected attendance: \_\_\_\_\_

### **Delivery Information (check one)**

\_\_\_\_\_ Mail my order

\_\_\_\_\_ Deliver my order to Ag Distribution by \_\_\_\_\_ (date)

\_\_\_\_\_ I will pick up my order at your office on \_\_\_\_\_

*Visit the CES Resource Web Page at:*

[www.ukhealthcare.uky.edu/ces/](http://www.ukhealthcare.uky.edu/ces/)

### **Comments/Suggestions:**

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