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To receive this free newsletter every month, call us at

**859-257-1000**

or toll free at

**1-800-333-8874.**

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## Help advance women's health

One year ago, the Kentucky Women's Health Registry set out to learn more about health issues that concern the women of Kentucky and to involve women in health research. With each woman who fills out a 20-minute survey, more knowledge is gained, developing into new treatments and cures for future generations of women. **For a free newsletter on advancing women's health, call toll free 1-800-333-8874. To become part of this important network, call toll free 1-800-929-2320 or visit [kywomensregistry.com](http://kywomensregistry.com).**



## Does your child have red, watery eyes?

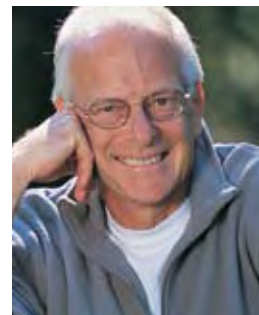
Allergies are the third ranking cause of hospitalization for children under the age of 15. Allergens such as mold, foods or insect stings cause the immune system to produce large amounts of antibodies. Allergic reactions include sneezing; red, watery eyes; and itching in the ears and mouth and can range from mild to severe.

The Asthma, Allergy and Sinus Clinic offers consultative services, comprehensive evaluation and treatment of children for a range of disorders. **For a free brochure on indoor, outdoor and food allergies, call toll free 1-800-333-8874.**



## Get the facts on treating bladder cancer

The American Cancer Society estimates 63,000 new cases of bladder cancer will be diagnosed in the United States this year. The bladder is a hollow organ with flexible muscular walls that stores urine. Blood nourishes the bladder before it circulates to the rest of the body. This pattern of blood flow may carry cancer cells from the bladder and result in tumors elsewhere in the body. The comprehensive team of specialists and health care providers at UK Markey Cancer Center are trained to diagnose and treat all types of cancer. The team works closely with patients to develop the best treatment options for each individual. **For a free booklet on treatment options for bladder cancer, call toll free 1-800-333-8874.**



## UKHealthCare

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2317 Alumni Park Plaza  
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Lexington KY 40517

RETURN SERVICE REQUESTED

# UK House Calls

May 2007

In this issue:

When stroke strikes, act F.A.S.T.

Help advance women's health

Does your child have red, watery eyes?

UKHealthCare

## When stroke strikes, act F.A.S.T.

UK Chandler Hospital is the first hospital in the region to be accredited as a Primary Stroke Center. May is Stroke Awareness Month and our dedicated team reminds you to act F.A.S.T. if you or someone you know experiences the signs of stroke. **For a free brochure on controlling your risk factors for stroke, call toll free 1-800-333-8874.**



## Minimally invasive surgery can restore knee motion

Osteoarthritis, the most common form of arthritis, causes painful bone-on-bone contact. The Oxford<sup>®</sup> Unicompartmental Knee, a minimally invasive procedure that may allow for a more rapid recovery, is a possible treatment option. The Oxford system offers a uniquely designed and precisely instrumented treatment to accurately reproduce normal knee motion. Surgeons at UK Orthopaedic Surgery and Sports Medicine offer the Oxford Unicompartmental

Knee, the only unicompartmental knee system of its kind in the United States.

**For free fact sheets on the Oxford Unicompartmental Knee and UK Orthopaedic Surgery and Sports Medicine, call toll free 1-800-333-8874.**

## Introducing the Gill Heart Institute Heart Line

Available 24 hours a day, seven days a week, the Gill Heart Institute Heart Line is staffed by registered nurses trained to offer heart health information and advice. Callers may be advised to visit the nearest emergency department or be assisted in setting up appointments with a

UK cardiologist at the UK Gill Heart Institute within the next 48 hours. The heart line number is easy to remember:

**1-877-GILL-HRT (1-877-445-5478). For a free Heart Line magnet, call toll free 1-800-333-8874.**



## Teamwork is key to diagnosing and treating your heartburn

The UK heartburn clinic offers patients the opportunity to see a team of heartburn specialists who offer many different treatment options in one visit. Working together, this team of specialists offers patients the most up-to-date information on the latest methods of diagnosis and treatment in one convenient location. **For a free brochure on what you need to know about gastroesophageal reflux disease, call toll free 1-800-333-8874.**



### F.A.S.T.

**Face** Ask the person to smile. If the face is droopy on one side, call 9-1-1 immediately.

**Arm** Ask the person to raise both arms. If one arm drifts down or has no resistance, call 9-1-1 immediately.

**Speech** Ask the person to say a simple phrase. If their speech is slurred, call 9-1-1 immediately.

**Time** Call 9-1-1 immediately.

## Upcoming health events

**Saturday, May 12**

**Parkinson's Disease & Treatment Options** (Lecture), 10 a.m.

W.T. Young Library Auditorium  
401 Hilltop Avenue, Lexington

Please join Drs. John Slevin and Byron Young as they discuss the latest treatment options for Parkinson's disease, including deep brain stimulation. Parking is free for this event.

FREE, but registration is required. Call toll free **1-800-333-8874.**

**Saturday, June 16**

American Lung Association  
Asthma Walk

Registration, 8 a.m.  
Walk, 9 a.m.

Keeneland Race Course  
4201 Versailles Road, Lexington

The UK Asthma, Allergy and Sinus Clinic is the presenting sponsoring for the 2007 American Lung Association Asthma Walk. Clinic staff will be on hand to perform free asthma screenings and provide educational materials. Receive a free T-shirt when you raise \$100 for the American Lung Association.

To register for the American Lung Association Asthma Walk, or for more information, call Ann or Maurita at **859-276-4344.**

## Do sweaty hands keep you from making a good impression?

Hyperhidrosis, or sweating in excess of that required to cool the body, causes sweaty palms. It is not the result of environmental temperatures and can be embarrassing for those who suffer from the condition. When noninvasive methods have failed for severe cases, a surgical outpatient procedure may provide an adequate level of dryness. UK HealthCare offers a collaborative team with a cardiothoracic surgeon and neurosurgeon to treat hyperhidrosis. **For free fact sheets on hyperhidrosis and the Kentucky Neuroscience Institute, call toll free 1-800-333-8874.**



For information or an appointment, call UK Health Connection at **859-257-1000** or toll free **1-800-333-8874.**

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