

Patient Handbook

**"The undertaking of a new action
brings new strength"**

— *Evenius*

UKHealthCare
Markey Cancer Center

welcome

Welcome

The physicians and staff of UK Markey Cancer Center would like to welcome you, your family and friends.

At Markey Cancer Center we provide a team approach to cancer treatment. You are an important part of that team. Medical and surgical oncologists, radiation oncologists, nurses, dietitians, social workers, pharmacists and others will work with you to decide the best treatment plan for you.

We understand that a cancer diagnosis along with its treatment may be very stressful. To help you become familiar with Markey Cancer Center, we have prepared a packet of information to assist you throughout treatment.

The resources of Markey Cancer Center are combined with those of UK Albert B. Chandler Hospital, offering you access to the more than 600 physicians and the 80 specialty services and centers that form UK HealthCare.

This packet is meant to provide a brief overview; if you need more information, ask your doctor and nurses any questions you may have.

Frequently Called Numbers

For appointment information or issues related to your care Monday through Friday, between the hours of 8:30 a.m. and 4 p.m.

Markey Cancer Center Patient Information	859-257-4488
Toll free	1-866-340-4488

If you have an urgent situation after hours that you think requires a doctor's attention, please call **859-323-5321** and ask the operator to page the oncology doctor on call. A doctor is on call 24 hours a day, seven days a week.

***In a life-threatening emergency, always call 911 or immediately go to the nearest emergency department.**

Other Helpful Numbers[‡]

UK Chandler Hospital Admitting	859-323-5062
UK Chandler Hospital Financial Counseling	859-323-6577
Gynecologic Oncology Care	859-323-5553
Health Information Library	859-323-7808
Hospital Security	859-323-6152
On-Call Physician	859-323-5321
Markey Cancer Center Outpatient Social Worker	859-323-5501

Your attending physician is _____

Your nurse is _____

*‡ If you are calling from a
UK Chandler Hospital phone,
dial only the last five numbers.*

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Markey Cancer Center Hours

The following Markey Cancer Center outpatient services are open 8 a.m. - 4:30 p.m., Monday through Friday. We are closed on weekends and major holidays.

- Chemotherapy Infusion Suite (*open limited hours on weekends*)
- Comprehensive Breast Care Center
- Gynecologic Oncology
- Hematology Oncology, Outpatient Blood and Marrow Transplant Program
- Multidisciplinary Cancer Care Programs
- Radiosurgery Center

**Walk-ins: Please remember to call before coming to the cancer center without an appointment. Your physician may not be available to see you.*

When to Call Your Doctor or Nurse

For questions or problems related to your care Monday through Friday, between 8 a.m. and 4:30 p.m., please call Markey Cancer Center at **859-257-4488** or toll free at **1-866-340-4488**.

Please call if you have any of these signs and symptoms:

- Fever greater than 100.5 degrees
- Shaking chills
- Blood in your bowel movement or urine
- Uncontrolled nausea and vomiting
- Uncontrolled diarrhea
- Mental status change, such as confusion
- Redness, swelling or drainage from any wound or venous access device

If you have an urgent situation after hours that you think requires a doctor's attention, please call **859-323-5321** and ask the operator to page the oncology doctor on call. A doctor is on call 24 hours a day, seven days a week.

***In a life-threatening emergency, always call 911 or immediately go to the nearest emergency department.**

Prescriptions

Please bring your medicine bottles and a current list of medicines you are taking with you to your doctor's appointment.



Ask for the prescription refill while your doctor is in the room with you.



Please allow 72 hours for prescription refills by your doctor and for prescriptions requiring prior authorization from your insurance company.



Remember to tell your doctor about any drug allergies you have.

Important

Please remember that all physicians are not in the outpatient center every day, so be sure to call 72 hours in advance for prescription pick-up.

Most pain medications cannot be called in to a pharmacy – federal law requires pain medicine prescriptions be written. These prescriptions may be picked up in person or mailed. Please allow seven business days for delivery by mail. Please be aware of how much medication you have left and how much you need before choosing to have any prescription mailed to you.

Markey Cancer Center

Location and Facilities

Markey Cancer Center is located next to UK Chandler Hospital at 800 Rose Street, Lexington, Ky. Markey Cancer Center shares resources with UK HealthCare and has access to patient care services and research programs. Markey Cancer Center is made up of the following four buildings:

Whitney-Hendrickson Cancer Facility

The Whitney-Hendrickson Building provides out-patient treatment services for major cancers, including gynecologic, breast, lung, gastrointestinal, urologic and head and neck cancers. The chemotherapy infusion suite is on the first floor across from the Multidisciplinary Cancer Care lobby. The Comprehensive Breast Care Center is on the second floor, and gynecologic patient care services are on the third floor.

Roach Building

The Ben F. Roach Patient Care Facility is dedicated to the care of cancer patients. Outpatient treatment services for leukemia, lymphoma, myeloma and other blood disorders, as well as blood and marrow transplantation are provided on the first floor in the Markey Hematology Program. New treatment areas, including the Radiosurgery Center, are now located on the ground floor of the Roach building.

Combs Cancer Research Building

The Dorothy Enslow Combs Cancer Research Building has research laboratories, offices and conference space used to advance cancer research.

Margrite Davis-Ralph Mills

Magnetic Resonance Imaging (MRI) Building

The Margrite Davis-Ralph Mills MRI Building also houses research laboratories. This building is joined with the Whitney-Hendrickson Cancer Facility.

Radiation Medicine

Outreach Treatment Centers

In addition to offering radiation treatment at Markey Cancer Center, outreach centers are available so patients can receive care close to home.

Georgetown Cancer Treatment Center

1152 Lexington Road
Georgetown KY 40324
Phone: **502-570-4003**
Fax: **502-570-4150**
Toll Free: **1-866-570-4003**

Maysville Cancer Treatment Center

1115 Progress Way
Maysville KY 41056
Phone: **606-759-4442**
Fax: **606-759-4443**
Toll Free: **1-800-759-4431**

Morehead Cancer Treatment Center

(St. Clair Cancer Center)

228 W. Second St.
Morehead KY 40351
Phone: **606-784-3443**
Fax: **606-783-6757**

Do You Have More Questions About Your Health?

The Health Information Library can help.

Health Information Library

UK Chandler Hospital, Room C104

9 a.m. to 4:30 p.m., Monday through Friday

859-323-7808

ukhealthcare.uky.edu/patiented

The Health Information Library is UK Chandler Hospital's resource center for patients and family members. The information in the Health Information Library supplements the information provided by your physician, nurse and other health care providers.

The library provides information in a variety of formats, including;

- Books
- Pamphlets
- Videos
- Health newsletters
- Internet access

Helpful staff will assist you in finding information about your diagnosis and treatments, as well as the management of side effects and emotional support information. Whether you are newly diagnosed, a long-term cancer survivor or a caregiver, the Health Information Library can help find the information you need.

The Health Information Library is located on the first floor of UK Chandler Hospital, down the hall from the Information Desk and the ATM.

Important Cancer Resources *for our patients*

Markey Cancer Center

ukhealthcare.uky.edu/markey

For more information about Markey Cancer Center's services and programs, visit our Web site.

UK HealthCare

ukhealthcare.uky.edu/patient

A list of national and local support groups and services can be found by visiting this page and clicking the options in the Health Information section at the top right. Groups are listed by disease.

American Cancer Society

1-800-ACS-2345 (1-800-227-2345)

www.cancer.org

The American Cancer Society has local offices across Kentucky. ACS information is available 24 hours a day, seven days a week by calling **1-800-227-2345**. Trained volunteers can answer questions and connect you to local resources.

Many patient support services are offered through the American Cancer Society. Please call the American Cancer Society for a complete list of patient programs.

**National Cancer Institute
Cancer Information Service
1-800-4-CANCER (1-800-422-6237)
www.cancer.gov**

Provides up-to-date accurate information in either English or Spanish. Information can be found on the Web site about treatment, prevention, screening and testing, as well as coping with cancer.

**Want to Quit Smoking?
1-800-QUIT-NOW (1-800-784-8669)**

Kentucky offers this number to provide callers with counseling and information about how to quit smoking.

**Smoking Quitline
1-877-448-7848**

Call the National Cancer Institute's toll-free Smoking Quitline, where specialists are available to answer smoking-related questions in English or Spanish.

**Leukemia and Lymphoma Society
1-800-955-2566
www.leukemia.org**

Assists patients who are living with a diagnosis of leukemia, lymphoma, Hodgkin's disease or multiple myeloma. Provides financial aid to those who qualify for treatment expenses and transportation, as well as family support groups and more.

Local Sources for ...

Wigs

American Cancer Society
(Lexington Office)
1504 College Way
Lexington KY 40502
859-276-3223

**Creative Hair Illusions
for Men**
107 E. Reynolds Road
Lexington KY 40517
859-245-1516

Jerome
153 Patchen Drive, #59
Lexington KY 40517
859-269-5753

Pamela Dee Wigs
837-A Lane Allen Road
Lexington KY 40504
859-278-4004
www.pameladeewigs.com

VDK/Turning Point
1016 S. Broadway
Lexington KY 40504
859-254-6661

Breast Prosthesis

Grogan's HealthCare Supply
1016 S. Broadway
Lexington KY 40508
859-254-6661

Jerome
153 Patchen Drive, #59
Lexington KY 40517
859-269-5753

**Josephine's
Post-mastectomy**
814 Euclid Avenue
Lexington KY 40508
859-269-6222

VDK/Turning Point
1016 S. Broadway
Lexington KY 40504
859-254-6661

Hotel Information

The following Lexington hotels offer discounts to patients receiving treatment at UK Chandler Hospital and their families. Discounts may vary and are subject to change. Distances provided are from Markey Cancer Center and are approximate.

The Inn on Broadway

1301 S. Broadway

859-519-2060

Distance: 1.5 miles

www.innonbroadwaylex.com

Offers hospital and visitor rates

Crowne Plaza Lexington

The Campbell House

1375 S. Broadway

859-255-4281

Distance: 1.2 miles

Hilton Suites

245 Lexington Green Circle

859-271-4000

Distance: 3 miles

Holiday Inn Express

1000 Export St.

859-254-1177

Distance: 1 mile

**Discount may not apply*

La Quinta Motor Inn

1919 Stanton Way

859-231-7551

Distance: 1 mile

Microtel

2240 Buena Vista Road

859-299-9600

Distance: 5 miles

Red Roof Inn

2651 Wilhite Dr.

859-277-9400

Distance: 2.7 miles

Springhill Suites

by Marriott

863 N. Broadway

859-225-1500

Distance: 3 miles

Super 8, Lexington

2351 Buena Vista Rd.

859-299-6241

Distance: 5 miles

University Inn

1229 S. Limestone

859-278-6625

Distance: 0.3 miles

10% discount for families of patients

Temporary Lodging Information*

St. Agnes House

635 Maxwellton Court

Lexington KY 40508

859-254-1241

St. Agnes House is an ecumenical ministry of the Episcopal Diocese of Lexington that provides low-cost housing for patients who are undergoing outpatient cancer treatment in Lexington area hospitals.

American Cancer Society Hope Lodge

1500 College Way

Lexington KY 40502

859-260-8303

The American Cancer Society Hope Lodge offers a free short-term residential facility that provides housing, counseling and referral services to patients and their families who are receiving cancer treatment in Lexington area hospitals. The Hope Lodge is sponsored by the American Cancer Society. For additional information, please call UK Chandler Hospital Patient and Family Services at **859-323-5501**.

** You must have a referral from your nurse, physician or a Markey Cancer Center social worker.*

UK HealthCare Patient Care Facilities



Walking Directions from the Whitney-Hendrickson Building to Radiation Medicine

From the Whitney-Hendrickson Building to Nuclear Medicine

Via above ground:

- Exit the Whitney-Hendrickson Building through the south doors (near the Café).
- Turn right and cross the courtyard to the Roach Building.
- Enter through the front door of the Roach Building. into the main lobby.
- Take the lobby elevator to the ground floor, turn left and follow the signs above your head to Radiation Medicine.

Via tunnel:

- From the Whitney-Hendrickson Building lobby, take the elevator to the ground floor.
- Walk toward black doors and follow the blue line on the left-hand wall of the tunnel through the set of double doors.
- When you reach the vending machines, turn left and follow the signs above your head to Radiation Medicine.

Please refer to the map on page 14.

**From the Whitney-Hendrickson Building to the Kentucky Clinic,
the Pre-op Clinic and the Outpatient Pharmacy**

- Exit the Whitney-Hendrickson Building through the south doors (near The Café).
- Turn right and cross the courtyard (veering left) between the Roach Building and the Combs Research Building.
- Follow the sidewalk to the front of UK Chandler Hospital.
- You will see a small concrete structure on your left that houses an elevator and stairway leading to the pedway crossing Rose Street to the Kentucky Clinic.
- Take the pedway across the street.
- You will exit the pedway onto the 3rd floor of Kentucky Clinic, Wing C. Follow hallway past the deli/snack shop to the information desk on your right.

Signs posted indicate:

- **Pre-op Clinic** is in the Kentucky Clinic, Wing C, 2nd floor.
- **Outpatient Pharmacy** is in the Kentucky Clinic, Wing D, 1st floor.

Please refer to the map on page 14.

From the Whitney-Hendrickson Building to Markey Cancer Center Hematology Program and Radiation Medicine Clinic

Via above ground:

- Exit through the Whitney-Hendrickson Building south doors (near The Café).
- Turn right and cross the courtyard to the Roach Building.
- Enter through the front door of the Roach Bldg. into the main lobby.
- Proceed to the first hallway on your right, next to the information desk.
- The entrance to the Markey Hematology Program is on the right; Radiation Medicine is on the left.

Via tunnel:

- From Whitney-Hendrickson Building lobby, take the elevator to the ground floor.
- Walk toward black doors and follow the blue line on the left-hand wall of the tunnel through the double doors.
- When you reach the vending machines, look for an elevator on your right.
- Take this elevator to the 1st floor lobby of the Roach Building.
- Turn right off the elevator and take the first hallway on your right.
- The entrance to the Markey Hematology Program is on the right; Radiation Medicine is on the left.

Please refer to the map on page 14.

From Whitney-Hendrickson Building to Patient Admitting

Via above ground:

- Exit the Whitney-Hendrickson Building through the south doors (near the Café).
- Turn right and cross the courtyard (veering left) between the Roach Building and the Combs Research Building and follow the sidewalk to the front entrance of UK Chandler Hospital.
- Enter through the revolving door of UK Chandler Hospital.
- Registration is located straight ahead.

Via tunnel:

- From the Whitney-Hendrickson Building lobby, take the elevator to the ground floor.
- Walk toward black doors and follow the blue line on the left-hand wall of the tunnel, through the double doors.
- When you reach the vending machines, turn left and follow the signs above your head to the Hospital and Markey Cancer Center.
- Proceed down the hallway and take a left at Radiation Medicine.
- At the end of this hallway, turn right and proceed until you reach the **A** elevators.
- Take the **A** elevators to the 1st floor of UK Chandler Hospital.
- Exit elevator and walk toward the gift shop. Registration is on your right.

Please refer to the map on page 14.

From the Whitney-Hendrickson Building to X-Ray, CAT-Scan and MRI*

Via above ground:

- Exit the Whitney-Hendrickson Building through the south doors (near The Café).
- Turn right and cross the courtyard (veering left) between the Ben F. Roach Building and the Combs Research Building, follow the sidewalk to the front entrance of UK Chandler Hospital.
- Enter through the revolving door at UK Chandler Hospital, and go straight to the Registration Desk.*
- Follow the copper squares on the floor to the A elevators. Take the A elevator to the 2nd floor.
- Exit elevator and walk away from surgery center. Take a slight right and walk to Diagnostic Radiology.

Via tunnel:

- From the Whitney-Hendrickson Building lobby, take the elevator to the ground floor.
- Walk toward black doors and follow the blue line on the left-hand wall of the tunnel through the double doors and to the vending machines.
- Turn left at the vending machines and follow the signs above your head to the hospital and Markey Cancer Center.
- Proceed down the hallway on your left.
- Turn left at the end of this hallway and you will see the C elevator.
- Take the C elevator to the 2nd floor of UK Chandler Hospital and proceed straight down the hallway, following the signs to Diagnostic Radiology.

**For MRI: Follow above-ground instructions to the Registration Desk at UK Chandler Hospital. They will direct you to MRI.*




Please refer to the map on page 14.

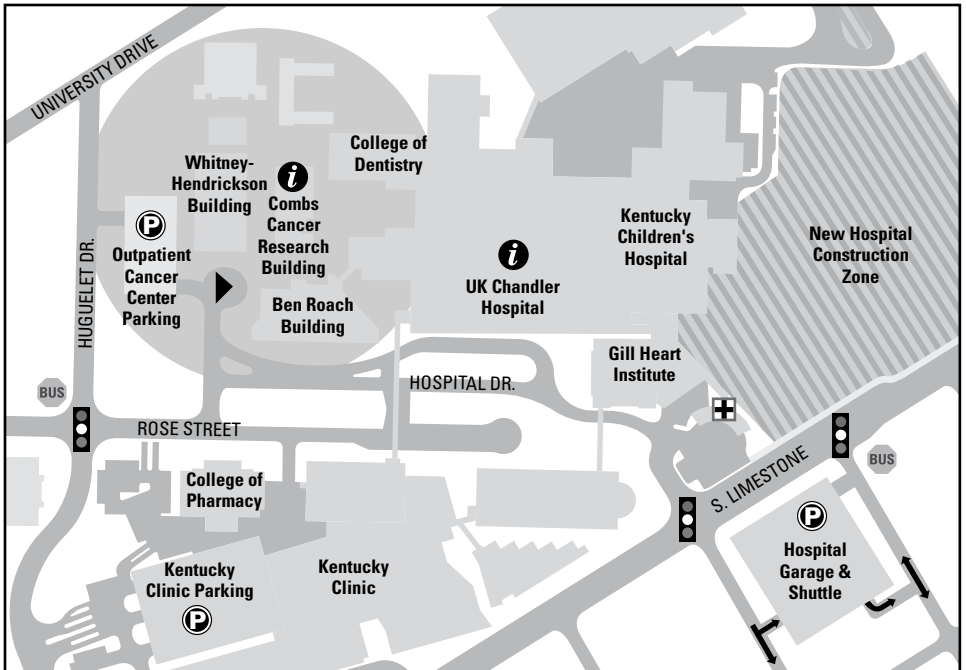
Parking

Limited free patient parking is available in the lot next to the Whitney-Hendrickson Building. (Please see map below for details.)

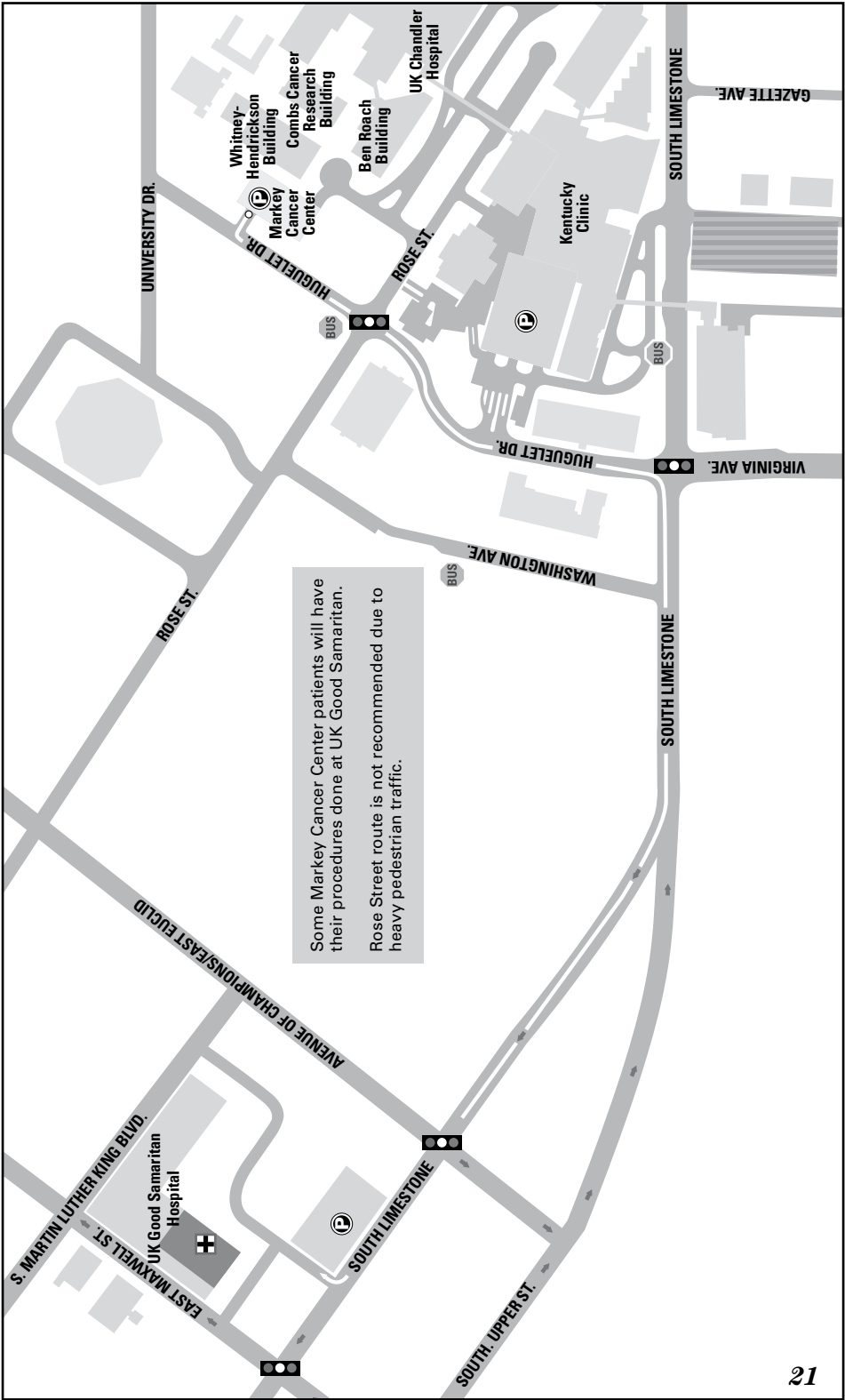
If you are unable to park in Markey Cancer Center's parking lot, park in the Chandler Hospital parking garage on S. Limestone and take the free patient shuttle.

Please note: We are unable to validate parking passes. We apologize for any inconvenience this may cause.

-  Visitor parking
-  Visitor information
-  Entrance



UK HealthCare main campus and UK Good Samaritan



Some Markey Cancer Center patients will have their procedures done at UK Good Samaritan. Rose Street route is not recommended due to heavy pedestrian traffic.

Preparing for your next appointment at the UK Markey Cancer Center

In order to provide you with the best possible care, please complete the information below and bring this sheet to your next appointment with your doctor. Use it as a guide to speak with your doctor and address any questions you have about your care.

1. My next appointment is scheduled for

Date: _____

Time: _____

2. Do you have any prescriptions that need to be refilled?

Yes *If yes, please bring your empty medication bottles and a current list of your medications to your appointment.*

No

3. Have you been experiencing any discomfort related to your treatment since your last visit? Please list any uncomfortable symptoms you have:

4. Research studies can offer access to groundbreaking treatment therapies. If you would like to participate, ask your doctor if there are any research studies being conducted at UK Markey Cancer Center that may benefit you.

5. Have you been experiencing any pain? Please be prepared to discuss it with your doctor. Your doctor should know:

- How you would rate your pain on a scale of zero to 10?
(circle a number, zero being no pain and 10 being the worst pain you ever had)

1 2 3 4 5 6 7 8 9 10

- What kind of words would describe your pain?

- Are you in pain now? When did the pain start?

- How long does the pain last?

- Does the pain affect your activity?

6. Are there any other items you would like to discuss with your doctor?

Notes

UKHealthCare
Markey Cancer Center

**800 Rose Street
Lexington, KY 40536
1-866-340-4488**